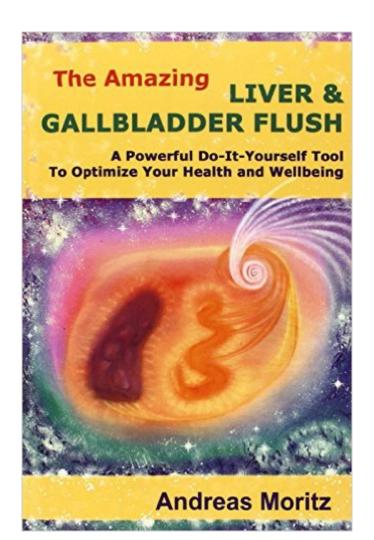
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The Amazing Liver & Gallbladder Flush





Synopsis

In this revised edition of his best-selling book, formerly The Amazing Liver Cleanse, Andreas Moritz addresses the most common but rarely recognized cause of illness - gallstones congesting the liver. Twenty million Americans suffer from attacks of gallstones every year. In many cases, treatment merely consists of removing the gallbladder, at the cost of \$5 billion a year. But this purely symptom-oriented approach does not eliminate the cause of the illness, and in many cases, sets the stage for even more serious conditions. Most adults living in the industrialized world, and especially those suffering a chronic illness such as heart disease, arthritis, MS, cancer, or diabetes, have hundreds if not thousands of gallstones (mainly clumps of hardened bile) blocking the bile ducts of their liver. This book provides a thorough understanding of what causes gallstones in the liver and gallbladder and why these stones can be held responsible for the most common diseases so prevalent in the world today. It provides the reader with the knowledge needed to recognize the stones and gives the necessary, do-it-yourself instructions to painlessly remove them in the comfort of one's home. It also gives practical guidelines on how to prevent new gallstones from being formed. The widespread success of The Amazing Liver & Gallbladder Flush is a testimony to the power and effectiveness of the cleanse itself. The liver cleanse has led to extraordinary improvements in health and wellness among thousands of people who have already given themselves the precious gift of a strong, clean, revitalized liver. Andreas Moritz is a Medical Intuitive and practitioner of Ayurveda, Iridology, Shiatsu and Vibrational Medicine. Author of The Amazing Liver & Gallbladder Flush, Timeless Secrets of Health and Rejuvenation, Lifting the Veil of Duality and It's Time to Come Alive. Founder of the innovative healing systems, Ener-Chi Art and Sacred Santà mony - Divine Chanting for Every Occasion.

Book Information

Paperback: 242 pages Publisher: Ener-chi.com; 5th ed. edition (May 6, 2007) Language: English ISBN-10: 0976571501 ISBN-13: 978-0976571506 Product Dimensions: 6 x 0.6 x 9 inches Shipping Weight: 12.6 ounces (View shipping rates and policies) Average Customer Review: 4.6 out of 5 stars Â See all reviews (370 customer reviews) Best Sellers Rank: #86,614 in Books (See Top 100 in Books) #33 in Books > Medical Books > Medicine > Internal Medicine > Gastroenterology #87 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Abdominal #433 in Books > Health, Fitness & Dieting > Alternative Medicine > Healing

Customer Reviews

In February 2013 I was admitted to the hospital with extreme gastric pain. I was put on a morphine drip, had elevated liver enzymes in my blood work, had an ultrasound scan of my abdomen, and I was diagnosed with gallstones. The doctor viewed my scan results, and said my gallbladder was about 3/4 full of gallstones, and was infected. She put me on antibiotics, recommended a ZERO fat diet, and referred me to a surgeon to remove my gallbladder ASAP. She told me the gallbladder is not a necessary organ, I don't need it to survive. I did my own research on the subject. In my research, I discovered that YES. You DO need your gallbladder. Since I had no health insurance, and no \$15,000 - \$20,000 lying around to pay for surgery, I found Andreas Moritz's book, and opted to at least try it. If it didn't work, I would only be out the \$10 or so I paid for it. But I should at least give it a try. This book is easy to follow, it makes a LOT of sense, and IT WORKS. My first flush, I got out HUNDREDS of stones. Each flush thereafter, I got out about as many. I have been doing one flush per month, and finished my 8th flush this past weekend. I have NOT HAD ONE ATTACK since I started this regimen. I have noticed the following improvements in my health: Better digestion. No gallbladder attacks! No more ER visits!!!My vision improved, I no longer need my glasses AT ALL. Crazy.My acne completely cleared up. My skin GLOWS now. It NEVER glowed before.Hormonal balance. (I was always on the verge of melting down every month)Incredible energy.Lower back pain, GONE.Very few mood swings.Sleep better.

I had to write my comments about this book.First, I borrowed it from a friend within the last two weeks and have just completed my first cleanse following the instructions by Andreas Moritz. I have done several liver/gallbladder cleanses in the past using similar but not exact techniques, always successfully, but never this successful. So I am not a newcomer to the cleanse, and I do have something to compare to. It has been a few years since I've done a liver/gallbladder cleanse, and have encountered events over that time that brought my level of health to a point where I began to think about the need to do a cleanse again -- it just seemed like the right time -- when a friend 'happened' to show me her new book.I find it troubling and dismaying to read such pronouncements as in several of the reviews by people who admit they have not even done the clean yet to see if it works! Opinions do not make facts. How can we pass judgment without trying something, as long as

it is not dangerous?To the implication that apple juice, Epsom salts, virgin olive oil and orange juice signify quackery, I have news: apple juice, virgin olive oil, and orange juice are simple foods that man has used for thousands of years, and Epsom salts has a very long history of safe and very effective use as a colon cleanser. Yes, it tastes gross, but I put fresh lemon juice in mine and drank it with a straw inserted somewhat back in the mouth and drank it quickly and without breathing; I was able to get each glass down in one go. It was not pleasant; neither was it the end of the world. I simply rinsed my mouth and brushed my teeth afterwards, as recommended. I didn't feel nauseated or gag, and folks, it was over before I knew it.

I would like to share my experience with the last three flushes I have completed and slightly scrutinize the claim that the stones expelled are "soap stones." I am doing these cleanses every three weeks. The results of my first cleanse were satisfactory. I had a hydrotherapy procedure on the day of the cleanse as recommended by the author and I fasted for that whole day. I drank the first Epsom salt solution at 6 p.m. and, as expected, this made me evacuate, although the evacuation was slightly clear since I had done a colonic that same day and I was fasting. The 8 p.m. solution had a similar outcome. Now on to the gueen drink, the olive oil with grapefruit juice: I drank this at the time indicated (10:00 p.m.) and immediately lay down on the bed. In about a minute after drinking the solution I felt something in my liver area. I could actually feel some sort of sliding motion, like little marbles; it was not painful, but the sensation was there. I also heard some weird and loud noises in my stomach which prompted me to go evacuate, which I did. What came out was a brown-yellow evacuation with little brown stones that looked a lot like sesame seeds, some slightly bigger; I passed about 100 of these. I noticed that the smell was not pleasant, not horrible, but again, not pleasant. At this time I asked myself: Where are the nice green stones people were talking about?! All I see are brown little stones! Anyhow, in the morning, at about 5:45 a.m., not even after drinking the third Epsom solution, I evacuated again, and this time I evacuated some bright green stones (about 10) along with the aforementioned little brown stones. Nice! After drinking the third Epsom solution I evacuated more and again after taking the fourth solution.

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